The postdoctoral years present unique opportunities and challenges in your personal finances. You income has increased, but seemingly so have the demands on it. Through this seminar, you will learn how to maximize your satisfaction with your money through financial goal setting and achieve a bright financial future for yourself and your family.

The topics covered in the seminar are: values and goals, budgeting, saving, investing, tax-advantaged retirement accounts, debt, and insurance.

The presenter is Emily Roberts, who holds a PhD in biomedical engineering and is the founder of the websites Grad Student Finances and PhD Stipends.