Off and Running

How to Get a Head Start on Your Graduate Career

Presentation available at:
http://tinyurl.com/OffAndRunningF16

Teresa L. Dillinger, Ph.D.
Academic Administrator, Professional Development Programs
Graduate Studies
Connect the Graduate School Experience with Future Employment Goals

Identify Ways to Build your Skills and Competencies (and Thus Your Career!) While Still in Graduate School

Explore Opportunities Unique to the UC Davis Graduate School Experience
To Start – What Are Your Goals?

- **Immediate** - getting started at UCD in your program - course work

- **Mid-Range** – engage in professional development opportunities and complete your degree requirements

- **Long Term - Career Aspirations**
  - Faculty position?
  - Industry, Government, Non-Profits?
  - Other?
  - **Not sure?** Take advantage of campus resources to help you decide!
Using Graduate School Strategically Involves:

- Selecting Courses For Best Fit
- Selecting Thesis or Dissertation Topic
- Connecting With Others In Your Field (Also Known As Networking!)
- Making the Most of UCD-Specific Programs and Opportunities to Gain Experience and Skills
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Competencies to Develop at UCD

- Success & Socialization
- Writing & Publishing
- Presentation Skills
- Teaching & Mentoring
- Leadership & Management
- Scholarly Integrity & Professionalism
- Career Exploration, Job Searching, & Networking
- Wellness & Life Balance
Professional Development Program

Tier 1 – Introductory (workshops)

Tier 2 – In-Depth (courses, seminars)

Tier 3 – Individualized Advising (one-on-one mentoring or specialized programming)

Tier 4 – Community Building & Activities (designed to break isolation experienced by many graduate students)
Fall 2016 Events

- Workshop - Getting the Most Out of Your Mentorship by Becoming a Great Mentee

- Orientations – GSO, GDOP, IGSO, Your Department or Grad Groups

- **Podcasts of Previous Workshops** - Time Management, Acing Your Qualifying Exam, Defeating Self-Sabotage, etc.

- Meetings with Your Major Professor

- Meetings with Graduate Advisors

- Conversations with Graduate Program Staff
Success & Socialization
Tier 2 – In-Depth

- Professionalism Courses in Departments/Groups
- Ethics and Professionalism in the University Course
Meetings With Your Major Professor and Other Mentors
Develop and hone your research skills, set professional development and career goals, and map out a timeline for completion of the graduate degree.

Meet with a Graduate Studies Diversity Officer
Dr. Josephine Moreno, Humanities, Arts, Social Sciences (HASS)
Dr. Steve Lee, STEM fields. They are available to consult with diversity graduate students and are committed to graduate student success.

Meet with a Professional Development Specialist
Dr. Teresa Dillinger and Lynne Arcangel are available for consultations about professional development opportunities and can provide assistance in creating individual development plans.
• **Department and Graduate Group Activities**

• **Graduate Student Constituency and Community Groups** – Join a graduate student group! Some of the constituency and community groups include:
  • Graduate Academic, Achievement, and Advocacy Program
  • Graduate Ally Coalition
  • Chancellor’s Graduate and Professional Student Advisory Committee
  • Latina/o Graduate Student Association
  • Black Graduate and Professional Student Association
  • And many others!

• The **Graduate Student Association** (GSA) provides a well-organized and ready-made community of graduate student colleagues. Consider serving as a representative or an officer!
Graduate education is primarily focused on research

Some applied research experiences may be gained through internships

- Government Agencies
- Non-profits
- Industry
An Extremely Valuable Skill Inside Or Outside Of Academia!

- Will hone writing skills through course papers, the thesis or the dissertation, but a valuable resource is the University Writing Program (UWP)

- For UWP Workshops and Classes – See Handout in Your Packet or Check GradPathways Website: http://gradstudies.ucdavis.edu/GradPathways
One-on-One Advising For Writing is Available:

- Offered through the UWP with Writing Consultants and Graduate Writing Fellows
- *Not An Editing Service*, But Will Work With You To Improve Your Writing

- Sign-up for an appointment online at: [http://writing.ucdavis.edu/gradconsults](http://writing.ucdavis.edu/gradconsults)
Writing & Publishing Experience: Getting Funding

- Apply For Student Research Funding
- Attend Campus and Department Workshops
- Find Grant & Fellowship Opportunities At https://gradstudies.ucdavis.edu/current-students/financial-support
Public Speaking

- Course – Overcoming Public Speaking Anxiety and Improving Presentations – Winter 2017
- Presentation Skills Consultations at the CEE: [http://cee.ucdavis.edu/teaching-support/consultations.html](http://cee.ucdavis.edu/teaching-support/consultations.html)
- Counseling Services For Speaking Anxiety
  - Common Fear!
  - Very Treatable
Presentation Skills

Competitions!

- Grad Slam
  - 3-Minute Thesis competition
  - UCD winner competes in UC system-wide event

- Interdisciplinary Graduate & Professional Student Symposium (IGPS)
  - Posters, Performances, Oral Presentations, Art Work
  - Final Round of Grad Slam too
Presentation Skills

English Language Learners

- On-Campus Resources to Enhance English Communication Skills:
  - Courses – Linguistics Program
  - Courses – University Extension

- Off-Campus:
  - Davis Adult School
  - International House
  - SISS Email List (Tutoring/Language Exchange)
Teaching & Mentoring

UCD Experiences:

- Teaching Assistant
- Associate Instructor
- Guest Lecturer
UCD Experiences:

Center for Educational Effectiveness

[cee.ucdavis.edu](http://cee.ucdavis.edu)

- Seminar on College Teaching
- TAC Workshops/ TA Orientation
- Teaching Assistant Consultants (TAC) Services

For a request go to:
Beyond UCD:

- Los Rios Faculty Diversity Internship Program
- Community College Faculty Preparation Certificate Program – Online through CSUS
- Community College Adjunct Positions
- California State University Adjunct Positions
Leadership & Management

Fall Workshops!

- Developing Project Management Skills – Part 1
- Understanding Learning Styles for Leadership Development
UC Davis Child Family Institute for Innovation and Entrepreneurship

http://gsm.ucdavis.edu/entrepreneurship

- 3-Day Entrepreneurship Training Academies:
  - UC Entrepreneurship Academy
  - Biomedical and Engineering
  - Ag Innovation

- Business Development Fellows Certificate Program

- Big Bang! Business Competition

- Angels on Campus (Venture Capital)
Leadership & Management

- Graduate Student Association (GSA)
  gsa.ucdavis.edu

- Departmental Activities

- Campus Committees

- Professional Society Meetings

- Community Service Resource Center
  http://icc.ucdavis.edu/find/volunteer/index.htm
Leadership & Management
Leadership & Management

- A year-long, competitive fellowship program for Ph.D. candidates
- Activities: monthly meetings, retreats, and professional development classes
- Service Project to benefit other graduate students and/or postdoctoral scholars
- Certificate of completion, letter of recommendation, and $3,000 stipend
Responsible Conduct of Research (RCR) provides graduate students with information and training to address complex issues you may confront during your career. Some of the topics include:

- Intellectual Property
- Peer Review
- Research Misconduct
- Responsible Authorship and Publication
- Animal Subjects in Research
- Conflict of Interest
- Contemporary Ethical Issues in Biomedical Research
- Data Acquisition and Laboratory Tools; Management, Sharing and Ownership
- Human Subjects in Research

- Ethics and Professionalism Class
- Faculty Mentorship
- Institutional Review Board
Career Exploration, Job Searching, & Networking

- Engage in Career Exploration:
  - **Internship and Career Center** [icc.ucdavis.edu](http://icc.ucdavis.edu)
    - One-on-one advising
    - Career Assessment Series
    - Other workshops, information sessions
  - **Versatile PhD** (online resource for humanities and social sciences)
Career Exploration, Job Searching, & Networking

- Career Exploration Groups for Grad Students (Counseling Services)
  - Contact Rich Zamora at Counseling Services for more information – careercounseling@shcs.ucdavis.edu

- Career Resource Library - 215 South Hall
  - http://icc.ucdavis.edu/research/library.htm
Consider Internships

- Offered In All Sectors - Industry, Government, Non-profits
- Paid Versus Non-paid
- Transcript Notation Available
- Academic Units Available
Career Exploration Programs:

- **FUTURE**
- **Mellon Public Scholars Fellowship**
- **UC Center Sacramento**
- **Center for Regional Change Student Engaged Scholars**
- **Designated Emphasis in Biotechnology**
- **Emerging Leaders In Policy and Public Service (ELIPPS)**
Career Exploration, Job Searching, & Networking

- **Internship Search Methods**
  - Aggie Job Link – Internship & Career Center
  - Internship and Career Center Coordinators
  - Program coordinators for FUTURE, etc.
  - Departmental Contacts
  - Your Networks
Networking – What It Is - And Isn’t…

Sources for Contacts -
- Your Department:
  - Fellow Grad Students, Postdocs
- Conferences
- Professional Societies And Organizations
- Internships/Volunteer Positions
- Informational Interviews
- LinkedIn
Wellness and Life Balance

- Fall Quarter Offerings:
  - The Graduate Student’s Guide to Personal Finance
  - Getting the Most Out of Your Mentorship By Being a Great Mentee

- Meet with Bai-Yin Chen and other Counseling Services personnel

- Campus Recreation, Outdoor Adventures, etc.
# Putting It All Together – The GradPathways “Matrix”

## GradPathways

### Eight Core Competencies for Graduate Students and Postdoctoral Scholars

<table>
<thead>
<tr>
<th>Programming Tiers</th>
<th>Success/Socialization in Program</th>
<th>Writing &amp; Publishing</th>
<th>Presentation Skills</th>
<th>Teaching &amp; Mentoring</th>
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<tr>
<td><strong>Tier 1 - Introductory</strong></td>
<td>Week of Orientation and Welcome (WOW); Graduate Diversity Orientation Program; International Graduate Student Orientation; Campus &amp; Program Orientations; Meetings with Major Professor and Program Advisor</td>
<td>UWP Writing Workshops; PFTF Project Workshops</td>
<td>Presentation Skills Workshops; PFTF Project Workshops; Giving Presentations; Media Training</td>
<td>CEE Workshops; TA Orientation Training; PFTF Project Workshops; Mentoring Toolkit Series</td>
<td>GradPathways and GSM workshops; Responsible Conduct of Research</td>
<td>Attend; Responsible Conduct of Research Series; IRB workshops; GradPathways workshops; PFTF Project Workshops</td>
<td>ICC Workshops; PFTF Project Workshops; GradPathways Events</td>
<td>Counseling Services; GradPathways workshops; WOW; PFTF Project Workshops; Campus Recreation activities</td>
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<tr>
<td><strong>Tier 2 - In-Depth</strong></td>
<td>Professionalism Courses; Department/Program Seminars</td>
<td>Writing Classes</td>
<td>Public Speaking Class; ESL Classes; Graduate Seminars; Journal Clubs</td>
<td>Seminar on College Teaching; Other CEE courses; TAC Program</td>
<td>Center for Entrepreneurship Academies; Angels on Campus; GSADC Position; Participate in GSA; TAC; PFTF; Graduate Writing Fellows; Chancellor’s Graduate &amp; Professional Student Advisory Board</td>
<td>PFTF Ethics and Professionalism Class; Other Professionalism Courses Offered by Dept. or Group; IRB Online Training</td>
<td>Career Exploration Groups; Versatile PhD; Conduct Informational Interviews; Internships; Individual Development Plan; Attend ICC Networking Events and Career Fairs; Professional Conferences; Use ICC Career Library; Connect With Colleagues</td>
<td>Campus Recreation Services (ARC, Craft Center, Outdoors Adventures); Counseling Services Mind Spa; Intramural &amp; Club Sports</td>
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<td><strong>Tier 3 - Individualized Advising</strong></td>
<td>Continue Meetings with Major Professor and Program Advisor (Grad Students), P.I. (Postdocs); Meet with Diversity Officers</td>
<td>Meet with Graduate Writing Fellows; Meet with Faculty Mentors</td>
<td>Faculty Mentorship; Counseling Services for Speaking Anxieties; Presentation Fellows</td>
<td>Meet with TACs and Faculty Developers; Have Mid-Quarter Review of Class; Videotape review of lectures</td>
<td>Faculty Mentorship; Center for Entrepreneurship Academies; Angels on Campus; Mentorship received in PFTF, TAC, GWP, etc. programs</td>
<td>Faculty Mentorship; Professional Societies</td>
<td>Meet with ICC Coordinators, Counseling Services (Career Counseling); Attend Professional Conferences; Faculty Mentor Introduces Mentee to Contacts; ICC Coordinators Provide Contacts</td>
<td>Meet with Counseling Services; Appointments with Health Care Professionals</td>
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<td><strong>Tier 4 - Community Building &amp; Activities</strong></td>
<td>Graduate Studies Events; Diversity Events; GSA; PSA; Program/Departmental Activities</td>
<td>Writing Groups; Graduate Writer’s Retreats; Graduate Writer’s Space; Participate as a Graduate Writing Fellow</td>
<td>Interdisciplinary Graduate &amp; Professional Student Symposium; Grad Slam; Professional Conferences</td>
<td>Graduate Teaching Community; TAC Program</td>
<td>Big Bang! Little Bang! Competitions; Davis Roots; Chancellor’s Graduate &amp; Professional Student Advisory Board; Participate in “Communities of Leaders”; TAC; PFTF; Graduate Writing Fellows Programs</td>
<td>Campus Judicial Board Professional Societies</td>
<td>Versatile PhD; GSA; PSA; Professional Organizations; Grad Ally Coalition; Build Professional Networks</td>
<td>Counseling Services Support Groups; GSA &amp; PSA Social Events; PFTF Projects; Dept. or Grad. Group Activities</td>
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Next Steps –
Creating an Individual Development Plan

Create an *Individual Development Plan (IDP)*


- *ImaginePhD* online tool – under development for humanities and social sciences PhDs

- Also available - University Wisconsin-Madison format available: [grad.wisc.edu/pd/idp](http://grad.wisc.edu/pd/idp)

Remember to – *Assess – Write – Discuss – Implement – Revise!*
Next Steps – Finding Information

Website: gradstudies.ucdavis.edu/GradPathways

Calendar of Events: 
http://gradstudies.ucdavis.edu/calendar/

Emails from your graduate program staff

GradPathways Listserv – To join email sympa@ucdavis.edu with subject line: subscribe gradpathways
Teresa Dillinger, Ph.D.
Manager, Professional Development Programs
tldillinger@ucdavis.edu

Lynne Arcangel, M.A.
Coordinator, GradPathways and UCLEADS
laarcangel@ucdavis.edu

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